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Thursday, March 28, 2019



THE HONORED GUEST for the annual Bunny Breakfast to be held by Ozaukee County 4-H Saturday, April 13, visited Port Washington State Bank last week with a basket of goodies to promote the event. The Bunny Breakfast will be held from 8 to 11 a.m. at Circle B Recreation Center in the Town of Cedarburg and feature not just a pancake meal but also crafts, activities and photos with the bunny. The cost is \$6 for people ages three and older and free to those who are younger. Tickets are available through April 9 at Port State Bank branches and through the Ozaukee County 4-H Facebook page under events.

"Smoke Signals," a film about two young friends making a road trip from their South Dakota reservation to Arizona, will be shown at 9:30 a.m. Saturday, April 13, at Unitarian Church North, 13800 N. Port Washington Rd., Mequon. A discussion led by Arnold Chevalier, a member of the Menominee Nation and board treasurer for the Wisconsin Humanities Council, will follow. To reserve a spot, visit bridgethedivide\_smokesignals\_arnoldchevalier.eventbrite.com.

## **Support groups**

**Alzheimer's Support Group** is welcoming attendees from 6 to 7:30 p.m. the second Tuesday of each month at the Frank L. WeyenBerg Mequon-Thiensville Library, 11345 N. Cedarburg Rd., Mequon.

Fibromyalgia Support Group meets from 7 to 8:30 p.m. the second Tuesday of each month at St. Mary's Health Center, N143 W6515 Pioneer Rd., Cedarburg. For more information, call Deanna Foreman at 376-0412.

**Grief Support Group** meets from 6:30 to 8 p.m. the second Tuesday of each month at 1500 W. Market St., Suite 200, Mequon. There is no charge. For more information, call Judith Droppers at 243-7409.

Life Enrichment Group is a group that helps support those experiencing the death of a loved one, difficult life changes, life-limiting illness, caregiver-related stress and care for those suffering from dementia and Alzheimer's. The group meets the second Tuesday of each month at 3:45 p.m. at Heritage Nursing and Rehabilitation Center in Port Washington. For more information, call 284-5892 or e-mail aluft@extendicare.com.

Alzheimer's Association Support Group is held for people with memory loss and their caregiver and meets the second Wednesday of each month from 3 to 4:30 p.m. at the Family Enrichment Center, 885 Badger Cir., Grafton. To register, call Ginny Nyhuis at (920) 8383-1311 or Kathy Glaser at 377-9780.

Alzheimer's and Related Dementia Caregiver Support Group meets from 1 to 3 p.m. the second Wednesday of the month at Cedar Bay Residential Facility, 5555 Cedar Bay Dr., West Bend. For information, Barb Kingsbury at 334-9487 or 276-4370.

MOPS, or Mothers of PreSchoolers, meets on the first and third Tuesdays from 9 to 11:15 a.m. from October through May at Portview Christian Center, 3457 Hwy. LL, Port Washington. For information, call Deidre at (262) 573-9055 or e-mail her at deidre@realifephotos.com.

A Parkinson's disease support group meets from 6:30 to 8 p.m. the fourth Monday of each