



## **Base Camp Packing List**

**Label EVERYTHING with your name!**

### **Required Paperwork & Medication**

- Completed Health Form (signed by parent/guardian)
- Medications in original packaging with doctor's written instructions (in a labeled bag to be turned into camp staff)
- Completed Pick-Up Form

### **Packing Essentials**

- Day pack (small/medium backpack or drawstring bag)
- Reusable water bottle
- Sleeping bag or blanket
- Pillow
- Plastic bag (for wet/dirty clothes)

### **Clothing**

- Change of clothes for each day
- Layers (plan for warm days/cool nights)
- Jacket or sweatshirt
- Swimsuit
- Towel for bathing
- Towel for water activities
- Closed-toed shoes (for walking/hiking)
- Closed-toed water shoes (optional, for lake use)
- Hat or cap
- Sunglasses

### **Personal Hygiene**

- Toiletries: toothbrush, toothpaste, soap, shampoo, brush/comb, deodorant, etc.
- Bug spray – non-aerosol (not provided by camp)
- Sunscreen – non-aerosol (not provided by camp)

### **Miscellaneous**

- Flashlight
- Notebook and pen/pencil
- Sharpie
- Watch
- Deck of cards or group entertainment item
- Other items specific to your personal needs

### What NOT to Bring

- Candy, snacks, or food items
- Fancy or expensive clothing
- Electronic smart devices (phones/tablets, etc.)
  - *Must be checked into the camp office and returned at checkout*
- Aerosols
- Knives or weapons
- Lighters or matches
- Fireworks
- Laser pointers
- Hammocks
- Any items that could disrupt camp

### Medications

- Must be in original containers, in a ziplock bag
- Turn into the camp medic for distribution

### Notes

- Pack lightly and efficiently.
- Ziplock all liquids to prevent spills.
- Cameras (non-smart device) are allowed but are not needed.
- Money is not required; if brought, youth are responsible for it.
- When in doubt, ask camp staff before packing questionable items.